

References

- Mullen, M. C. & Shield, J. Childhood and Adolescent Overweight: The Health Professional's Guide to Identification, Treatment and Prevention. American Dietetic Association, 2004
- Birch, L. & Dietz, W. Eating Behaviors of the Young Child: Prenatal and Postnatal Influences on Healthy Eating. American Academy of Pediatrics, 2008
- Deen, D. & Hark, L. The Complete Guide To Nutrition in Primary Care. Wiley & Blackwell, 2007
- Gardner et al; "Contribution of Early Weight Gain to Childhood Overweight and Metabolic Health: A longitudinal Study". Pediatrics, Volume 123, Number 1, January 2009
- Fraser et al; "Association of Maternal Weight Gain in Pregnancy With Offspring Obesity and Metabolic and Vascular Traits in Childhood". Circulation. 119:906-911, 2009
- Anderson, S. & Whitaker, R. "Household Routines and Obesity in US Preschool-Aged Children". Pediatrics, February 2010
- Taveras, E. et al. "Racial/Ethnic Differences in Early-Life Risk Factors for Childhood Obesity". Pediatrics, March, 2010.