

**CTAAP & DPH Teleconference Series**  
**The Journey to Successful Breastfeeding Series – Part VII**  
***The Role of the Pediatrician in Baby-Friendly Hospital Initiatives***  
**Tuesday, April 24<sup>th</sup>, 2012**  
**LERP Quiz**

Name:

Address:

City/State/Zipcode:

E-mail Address: \_ \_ \_ \_ \_ Telephone:

Occupation/Degree:

Please select the correct answer by circling your choice.

1. The following statement about health outcomes and breastfeeding is correct:
  - a. The health benefits associated with breastfeeding occur only while the infant is still breastfeeding
  - b. Breastfeeding protects against type 2 but not type 1 diabetes
  - c. The health benefits associated with breastfeeding outlast the period of time the infant is breastfeeding
  - d. Health outcomes related to breastfeeding are more closely associated with duration as opposed to exclusivity of breastfeeding
  
2. The AAP Breastfeeding Residency Curriculum was successful in changing all of the following except:
  - a. Knowledge among obstetricians
  - b. Practice patterns among pediatricians
  - c. Confidence among family physicians
  - d. Exclusive breastfeeding at 6 months
  - e. Duration of breastfeeding
  
3. Faculty development is important for breastfeeding curriculum to be implemented. Which of the following methods may be used for faculty development?
  - a. Skills fairs
  - b. Simulation
  - c. Flip charts
  - d. Case-based conferences
  - e. All of the above
  
4. Connecticut mPINC scores are generally comparable or better than the US except for the following aspect of care:
  - a. Discharge care
  - b. Staff training
  - c. Mother-infant care
  - d. Labor and delivery room care
  - e. Breastfeeding assistance

Participant Name \_\_\_\_\_

5. Physicians have an important role in Baby-Friendly Hospital designation. Appropriate responses during the assessment include all of the following except:
  - a. All physicians caring for mothers and infants should be prepared to answer questions posed by the BF USA Assessors
  - b. Physicians can defer clinical questions about lactation to the nurses and lactation consultants
  - c. Physicians should understand the Code of Marketing of Breast milk Substitutes
  - d. Physicians should be performing clinical examinations in the mother-infant room to support rooming-in
  - e. Mothers are encouraged to feed on-demand and not according to a schedule
  
6. The hormone responsible for MER is:
  - a. Prolactin
  - b. CCK
  - c. Estrogen
  - d. Oxytocin
  - e. Cortisol
  
7. The hormone responsible for milk synthesis is:
  - a. Prolactin
  - b. CCK
  - c. Estrogen
  - d. Oxytocin
  - e. Cortisol
  
8. Effective latch (attachment to the breast) may be recognized by all of the following except:
  - a. Lack of pain
  - b. Baby's lips covering all of the nipple and a generous portion of the areola
  - c. Wide angle of the jaw
  - d. Lips flanged outward (fish lips)
  - e. Cheeks dimpled/puckered inward
  
9. Which of the following statements about neonatal weight loss is most accurate?
  - a. All babies will lose weight regardless of what they are fed
  - b. Exclusively breastfed infants will lose more weight than formula fed infants
  - c. Physiological weight loss may continue to persist until the second week of life
  - d. Weight loss on the first day of life is mainly a reflection of volume intake
  - e. Voiding and stooling patterns can help determine if weight loss during the first 2 days is within the normal range
  
10. The prevention and management of engorgement involves which of the following?
  - a. Cabbage leaves
  - b. Warm compresses
  - c. Frequent and effective breast emptying
  - d. Ibuprofen
  - e. Use of a rental-grade electric pump