

## CTAAP & DCF 2012 Teleconference Series

The Connecticut Chapter of the American Academy of Pediatrics and The Department of Children and Families

### Working with DCF Series - Part II

#### *Meeting the Needs of Children in DCF's Care: Medications and Behavioral Health*

Continuing Medical Education Program

Wednesday, June 13<sup>th</sup> 12:10 – 1:00PM

Children in DCF care have significant needs that require different levels of services and intervention. Obtaining services and prescribing medication for patients in DCF care can sometimes be a confusing and frustrating process. Part II of our DCF series will address both medication and behavioral health issues with a special focus on psychotropic medications. With so many children in DCF care receiving psychotropic medication, this program will provide tips and strategies for navigating DCF's policies and procedures on psychotropic medication. The program will clarify DCF's role when dealing with behavioral health issues and how the agency can help practitioners access patient services. Speakers will also discuss the use of OTC and homeopathic medications.

Participants will be able to:

- Understand the various mental health services and resources available to children in DCF's care;
- Understand how to access these services and who to call for help;
- Describe the process for prescribing psychotropic medication for DCF kids; the Centralized Medical Consent Unit (CMCU) and how and when to use it;
- Describe the process for prescribing other medications including over-the-counter and homeopathic medications;
- Understand partnership strategies to access behavioral health services in the child's medical home.

**Lesley Siegel, MD**, is Chief of Psychiatry at the Connecticut Department of Children and Families where she assists with the development of systems of support for children and youth, provides direct consultation and assessment of children involved with DCF and oversees DCF's Centralized Medication Consent Unit (CMCU) for psychotropic medications. Prior to joining DCF's central office, Dr Siegel served as Medical Director at DCF's Riverview Hospital (Solnit Center).

**Ricka Wolman, MD, MPH**, is Chief of Pediatrics at the Connecticut Department of Children and Families where she is developing a system of ongoing care and monitoring for children in DCF's care. She has also served as medical Director of Maternal and Child Health for the State of Maine as well as the Associate Medical Director in the national office of the March of Dimes.

#### **IMPORTANT CHANGES IN POLICY FOR CME/CEU REQUESTS**

As part of this expanded 15 program series, we will now be charging a small fee for CMEs or letters verifying participation for CEUs. *As always, anyone may listen in for free.* See registration form or go to [ct-aap.org](http://ct-aap.org) for more details. Questions? [Yvette.ctaap@gmail.com](mailto:Yvette.ctaap@gmail.com) or call 860-977-3430

- **Special Discount for all 15 CMEs and CEU Letters of Participation - \$150 for members, \$175 for non-member MDs/DOs, \$115 for APRNs, PAs, RNs and others**
- **Per Program CME/CEU Charge - \$20 for MD members, \$25 for non-member MDs/DOs, \$20 for APRNs, PAs, RNs and others**

#### CME Credits for Physicians

- CME Credit has been applied for at Norwalk Hospital. This activity has been planned and implemented in accordance with the Essentials and Standards of the Connecticut State Medical Society through the joint sponsorship of Norwalk Hospital and the CTAAP. Norwalk Hospital is accredited by the CSMS to provide continuing medical education for physicians. Norwalk Hospital designates this educational activity for a maximum of 1 AMA PRA CATEGORY 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

#### Continuing Education Requirements for Nurses

- The American Academy of Nurse Practitioners (AANP) will accept documentation of participation in the teleconference as meeting continuing education requirements toward recertification.
- The American Nurses Credentialing Center (ANCC) will accept documentation of participation in this teleconference as meeting continuing education requirements for certified nurses. The credit hours will transfer equally. CTAAP will provide verification of participation in letter form to the nurse. Nurses must submit the proper paperwork to the ANCC for approval.