

# CTAAP 2012 Teleconference Series

The Connecticut Chapter of the American Academy of Pediatrics

## *Eating Disorders Among Adolescents: Just Dieting or Something More?*

Continuing Medical Education Program

Thursday, June 21<sup>st</sup> 12:10 – 1:00PM

70% of middle school girls report a desire to lose weight with 45% of them reporting that they are currently attempting weight loss. Despite large increases in the number of obese children, eating disorders still remain a significant problem. This program will review the full spectrum of eating disorders including anorexia nervosa, bulimia nervosa, eating disorder NOS, disordered eating and binge eating disorder.

Our speaker will discuss the epidemiology and etiology of eating disorders and provide suggestions on when to suspect an eating disorder. The program will also cover atypical presentations along with common symptoms and physical signs. After reviewing proper diagnosis and possible complications from these disorders, our speaker will offer advice on a variety of treatments including those with high success rates. Finally, our speaker will cover when to admit, in-patient treatment, prognosis and common-sense advice for families.

Participants will be able to:

- Discuss etiology and risk factors for developing eating disorders;
- Manage weight loss and disordered eating in the primary care setting;
- Understand both out-patient and in-patient strategies to manage the spectrum of eating disorders.

**Sheryl Ryan, MD**, is Chief, Section of Adolescent Medicine, Department of Pediatrics, Yale School of Medicine. She currently serves as Chair of the Section on Adolescent Medicine for AAP Chapter 1, District 2 and has written extensively on a wide range of adolescent health issues.

### **IMPORTANT CHANGES IN POLICY FOR CME/CEU REQUESTS**

As part of this expanded 15 program series, we will now be charging a small fee for CMEs or letters verifying participation for CEUs. *As always, anyone may listen in for free.* See registration form or go to [ct-aap.org](http://ct-aap.org) for more details. Questions? [yvette.ctaap@gmail.com](mailto:yvette.ctaap@gmail.com) or 860-977-3430

- **Special Discount for all 15 CMEs and CEU Letters of Participation - \$150 for members, \$175 for non-member MDs/DOs, \$115 for APRNs, PAs, RNs and others**
- **Per Program CME/CEU Charge - \$20 for MD members, \$25 for non-member MDs/DOs, \$20 for APRNs, PAs, RNs and others**

#### CME Credits for Physicians

- CME Credit has been applied for at Norwalk Hospital. This activity has been planned and implemented in accordance with the Essentials and Standards of the Connecticut State Medical Society through the joint sponsorship of Norwalk Hospital and the CTAAP. Norwalk Hospital is accredited by the CSMS to provide continuing medical education for physicians. Norwalk Hospital designates this educational activity for a maximum of 1 AMA PRA CATEGORY 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

#### Continuing Education Requirements for Nurses

- The American Academy of Nurse Practitioners (AANP) will accept documentation of participation in the teleconference as meeting continuing education requirements toward recertification.
- The American Nurses Credentialing Center (ANCC) will accept documentation of participation in this teleconference as meeting continuing education requirements for certified nurses. The credit hours will transfer equally. CTAAP will provide verification of participation in letter form to the nurse. Nurses must submit the proper paperwork to the ANCC for approval.