

CT-DPH and CTAAP 2010 Teleconference Program

The Connecticut Department of Public Health and
The Connecticut Chapter of the American Academy of Pediatrics

Part III of our Breastfeeding Series *The Journey to Successful Breastfeeding: Navigating Pitfalls During the First 6 Months of Life*

Continuing Medical Education Program
Wednesday, March 17th 12:10 – 1:00PM

While Connecticut exceeds the Healthy People 2010 target rate of 75% for breastfeeding **initiation**, many women unfortunately discontinue breastfeeding early. The AAP, WHO and UNICEF all recommend “exclusive breastfeeding” for the first 6 months of life. In Connecticut, we fall far short of this health recommendation. Assessment of the breastfeeding dyad and intervention, when necessary, can help to improve breastfeeding success. This program will provide effective strategies on how to improve breastfeeding duration rates.

Participants will be able to:

- Discuss normal growth for breastfeeding infants in the 1st year of life
- Recognize normal breastfeeding behavior throughout the 1st 6 months of life
- Understand how to diagnose and improve low milk supply
- Find support for the breastfeeding mother
- Discuss briefly some specific breastfeeding problems like tongue tie, sore nipples and breastfeeding the near term infant

Who should participate? Pediatricians, physician assistants, nurse practitioners, nurses, nurse mid-wives, lactation consultants and office staff.

Speaker: **Kathleen Marinelli, MD**, Chapter Breastfeeding Coordinator, American Academy of Pediatrics, Neonatology and Human Lactation, Connecticut Children's Medical Center; Associate Professor of Pediatrics, University of Connecticut

For a registration form or more information on this program, telephone 860-977-3430 or e-mail tracey.ctaap@gmail.com.

CME Credits for Physicians

- CME Credit has been applied for at Norwalk Hospital. Norwalk Hospital is accredited by the CT Medical Society to sponsor continuing medical education for physicians. Norwalk Hospital designates this continuing medical education activity for 1 credit hour in Category 1 of the Physicians Recognition award of the AMA.

Continuing Education Requirements for Nurses

- The American Academy of Nurse Practitioners (AANP) will accept documentation of participation in the teleconference as meeting continuing education requirements toward recertification.
- The American Nurses Credentialing Center (ANCC) will accept documentation of participation in this teleconference as meeting continuing education requirements for certified nurses. The credit hours will transfer equally. CTAAP will provide verification of participation in letter form to the nurse. Nurses must submit the proper paperwork to the ANCC for approval.