



Step by Step Guide to the Connecticut Birth to Three System

When there is a concern about an infant or toddler's development, the parent, physician, or other caregiver **makes a referral**.

1. Child Development Infoline staff listen to the concerns and – with parent consent – send the information electronically to a Birth to Three program.

2. The Birth to Three program schedules a visit and assigns a service coordinator to help manage information and activities. **Eligibility is determined** by a multidisciplinary team that evaluates the child in all areas of development. Children who have a significant delay or medical condition that seriously affects development are eligible.

If eligible, the team assesses the child and identifies the family's routines, resources, concerns and supports.

If not eligible, the parent is offered a developmental monitoring program called Ages and Stages and other community resources. They can re-refer if concerned 90 days later.

Birth to Three helps families plan for when the child transitions to community supports. This **transition plan is developed** no later than 90 days before the child's 3rd birthday.

4. The Birth to Three team coaches parents and other caregivers to help the child learn and use new skills during everyday activities and routines. Parents update the Birth to Three team on what is working.

3. An **IFSP (Individualized Family Service Plan)** is developed by the parent and their team that reflects the parent's choice of outcomes for their child and family and identifies the type and frequency of supports to meet these goals. The child's MD or APRN must review and sign their approval. This plan is reviewed at least every six months.

6. Child exits from the Birth to Three System into community supports, which may include preschool special education.

Supporting families every step of the way.

Referrals: 1-800-505-7000
www.birth23.org

11-12-13

