

Nancy Trout, MD, MPH

Dr. Nancy Trout completed her Medical Degree at University of Connecticut School of Medicine and her Certificate in Global Health and Master's in Public Health at the University of Massachusetts with a focus on health disparities and early childhood obesity.

She joined the Connecticut Children's Primary Care Practice in 2017, after working for 22 years in the Pediatric Ambulatory and Primary Care Center at St. Francis Hospital and Medical Center. Dr. Trout also sees patients in Obesity and Weight Management at Connecticut Children's and is co-director of the Kohl's Start Childhood Off Right (SCOR) program in the Office for Community Child Health.

She is an Assistant Professor in the Department of Pediatrics at University of Connecticut School of Medicine.