

Dr. Rebecca Kamody

Dr. Rebecca Kamody is licensed clinical psychologist and assistant professor at the Yale Child Study with a research and clinical focus on eating and weight disorders. Through her clinical and consultative services, she works with youth and families across the spectrum of disordered eating. This includes consultation for medically hospitalized youth with restrictive eating, outpatient eating disorder treatment, and consultation/evaluation in the obesity and adolescent bariatric program. Dr. Kamody is actively involved in the development of additional eating and weight disorder program within the Yale system.

Her research focuses on culturally responsive conceptualizations and treatment development for disordered eating behaviors, which has resulted in independent funding from the Society of Pediatric Psychology and the International Society for the Improvement and Teaching of Dialectical Behavior Therapy for this line of work.