






# Mask Guidance for School-Aged Children

The CDC recommends the use of non-medical grade cloth face coverings in public settings where other physical distancing measures are difficult to maintain. When used with other risk mitigating efforts, non-medical grade masks can further reduce the transmission of SARS-CoV-2 in public areas and a school building.

Masks are considered safe for most children and youth over the age of two years. **There are very few exceptions for wearing masks.**

## Should a child be required to wear a mask during school?\*

The child has asthma.	 <b>YES</b> <p>The American Academy of Allergy, Asthma and Immunology recommends that individuals with asthma wear a mask in public.</p>
The child has a condition such as autism spectrum disorder, intellectual disability, or a mental health disorder.	 <b>YES</b> <p>These conditions do not necessarily justify a mask exemption unless the child is unable to wear a mask without excessive trauma or frequent manipulation.</p>
The child cannot communicate clearly while wearing a mask.	 <b>YES</b> <p>Explore instructional adaptations or use a face mask with a clear plastic insert as appropriate.</p>
The child cannot remove the mask on their own.	 <b>NO</b> <p>Encourage the family to consider virtual learning opportunities.</p>
The child is asleep or unconscious.	 <b>NO</b>

\*There may be children that have experienced trauma and find masks hard to wear due to their past experiences.

For more information and tips for helping children wear masks, visit <https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/Cloth-Face-Coverings-for-Children-During-COVID-19.aspx>

**Sources:** Department of Health and Human Services, Center for Disease Control, and the American Academy of Pediatrics